

PCIT Within-Agency Trainer Workshop

Fully Virtual: Sept 12 & 13, 2022

Scholarships & discounts available!

An 8-hour training for Certified PCIT therapists wanting to become PCIT trainers. Training includes 1 year of consultation & all requirements to become a certified Within-Agency (Level-1) PCIT trainer. CEs for psychologists and PCIT Therapists are pending approval from PCIT International.



Dates: Thurs & Fri Sept 29 & 30, 2022



Time: 11am -3:30pm (Eastern)



Location: Fully virtual on Zoom



Cost: \$2,100 (for 8hr training, CE's, 1yr consultation, & 4 session reviews)



Contact: Reesa Donnelly at donnelyr@gmail.com or 352-216-4579

Trainer Details



Reesa Donnelly, Ph.D., is a licensed psychologist, PCIT Int'l Certified Global Trainer, and member of the PCIT Policy & Advocacy Task Force. She is a mother of 2 and has over 14 years of experience as a PCIT therapist/trainer.



Dr. Reesa Donnelly Inc.

The logo for PCIT International, featuring the letters P, C, I, and T in white on colored squares (purple, red, green, blue).
INTERNATIONAL
WWW.PCIT.ORG

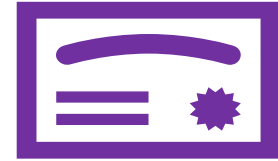
Pre-Requisites for Training:



Certification as a PCIT therapist by PCIT Int'l prior to training



PCIT Set up at your agency (Toys, bug-in-ear, 1-way mirror)



Master's Degree in a Mental Health field & Licensure (or supervision from a licensed therapist)

Course Fees & Registration:



Course fees:

\$2,100 per person for the 8hr workshop, CE's, training materials, 4 session reviews, & 1yr consultation.

Email Dr. Reesa about discounts or scholarships.



Not Included:

Application for certification with PCIT Int'l is not covered (currently \$90)

If >4 session reviews or >12 months are needed for competency, addit'l fees of \$150/hr apply



Registration:

Your training spot is held after you pay the training fee & submit registration form.

A courtesy consultation is offered prior to registering to answer ?s.



Cancellations:

If a cancellation is made >45 days prior to training, a 75% refund will be issued. For emergencies <45 days from training, no refund will be given but 75% of the fee may be applied to a future training.

Requirements for Training Days:



You must be visible throughout training on Zoom (as if in person)



100% attendance is required for CE's & for Certification as a Trainer



You will complete an Eval Form about training to receive CE's

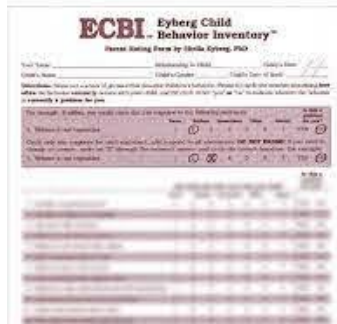


There will be 30min of homework on Day 1

Training Year Requirements:



Identify 1 Trainee for PCIT training prior to Oct (Max 3 Trainees)



Ongoing purchase of ECBI's
<https://www.parinc.com/products/pkey/97>



Ongoing PCIT caseload of ≥ 5 cases per trainee



1 year of Monthly Consultation by Zoom & Review of Sessions/Training



Supervise 1 trainee to complete all skill requirements & graduate 1 PCIT case



2hrs weekly prep & Supervision (for both trainer & Trainee)



2hrs Weekly Co-Therapy (for both in 1st 6mo)



1hr Monthly Consultation by Zoom (for trainer)



5+hrs for 5 PCIT cases per week (for trainee)

Weekly time for Trainer (5hrs) & Trainee (6-8hrs) to engage in training

Please note: Applications for certification are submitted to PCIT Int'l after the training process is complete. Final decisions about certification will be made by the PCIT Int'l Board of Directors. Additional information about the training requirements can be found at <http://www.pcit.org/trainer-requirements.html>.

EDUCATIONAL OBJECTIVES:

At the conclusion of training, participants should be able to:

1. State the methods by which therapist competencies in coaching will be evaluated,
2. Demonstrate the ability to calculate the percent reliability between trainer and trainee's DPICS coding,
3. Effectively score an integrity checklist to ensure fidelity to the PCIT protocol,
4. List 2 different schedules for structuring a therapist training,
5. Accurately state the PCIT International criteria to become both a Certified Therapist and a Within Agency Trainer
6. Apply at least 2 cultural considerations for increasing engagement with diverse families

SYLLABUS: Agenda for PCIT Level 1 Training Workshop

Monday Sept 12, 2022 (Note: break times are approximate & may vary based on prior discussions/Q&A)

Event	Allotted Time	Concept	Materials Needed & Activity Description
Greetings & Setting the Cultural Tone	45min 11-11:45am	Picking the Radio Station	Materials: PPT; Activity: My Story & Your Story
Review of Training Guidelines	25min	Knowing the destination	Materials: PPT; Training Guidelines x 2. Activity: Didactic presentation
Pre – Readiness	20 min	Packing for the trip	Materials: PPT; Trainee contract Activity: Didactic presentation.
Break	15 min		
Structuring Training & Didactics	30 min	Planning the route	Materials: PPT; Example Training schedules Activity: Didactic presentation
Teaching DPICS & Calculating Reliability	45 min	GPS tracking	Materials: PPT; Coding Sheets; DPICS Formula; Activity: Code Videos, calculate reliability
Chart Review	15 min	Assessing are we there yet?	Materials: A-Fidelity Chart Review; Faux File. Activity: Check file for fidelity.
Break	15min		
Introduction to Code the Coach	1 hour 3-4pm	Assessing are we there yet?	Materials: COACH Coding PPT. Activity: Review coding system; code COACH. Homework: Read COACH manual

Tuesday Sept 13, 2022 (Note: break times are approximate & may vary based on prior discussions/Q&A)

Event	Allotted Time	Concept	Materials Needed & Activity Description
Code the Coach & HW review	20m 11-11:20am	Assessing are we there yet?	Materials: COACH coding videos Activity: Review COACH hw, practice COACH coding
How to Teach Coaching	1 hr 10m	How to steer the bus	Materials: PPT; Coaching video Activity: Didactics; role play coaching exercises.
Break	15 min		
How to Provide Feedback	45 min	How to steer the bus	Materials: PPT. Activity: Practice Feedbk Sandwich; Solve vignettes
Cultural Considerations	30 min	Adjusting the seat & headrest to fit	Materials: PPT. Activity: Your family meal
Break	15 min		<i>Evals may be completed here if preferred</i>
PCIT Fidelity	15 min	Keep it between the lines	Materials: PPT. Activity: Solve scenarios and explain rationale.
Additional Resources	30 min	Photos of your trip & souvenirs	Materials: PPT; Parent guilt free.mp4; Rsch Articles; Cert letter; PCIT Int'l store, ibook, Activity: Tour the resources
Next steps, Q&A (Evals before leaving)	30 min 3:00-3:30pm	Ask your tour guide	Activity: Ask any questions, organize what you've learned, plan consultation on your calendar Materials: Eval Forms; Certificates of Attendance

The Fine Print:

PRESENTER:

Reesa Donnelly, Ph.D., PCIT International Certified Global Trainer
Contact information: donnelyr@gmail.com
Affiliated Agency: Dr. Reesa Donnelly Inc.

Dr. Donnelly's clinical work focuses on families with young children experiencing behavior problems, with a specialization in Parent-Child Interaction Therapy and Cognitive Behavioral Therapies. She served as research coordinator for an R01 research grant investigating PCIT for children with ADHD. She has served in leadership roles for Parent-Child Interaction Therapy (Chair of Continuing Education Task Force, Ad Hoc member of the Advisory Board, member of the Policy and Advocacy Task Force, and Convention coordinator for the 2011 PCIT convention). She is trained in adaptations of PCIT including PCIT-Toddler, PCIT-CALM (Coaching Approach behavior and Leading by Modeling), CARE (Child-Adult Relationship Enhancement), and CARE in the Classroom.

DETAILED PROGRAM DESCRIPTION:

Training will focus on skills needed to be a Within-Agency PCIT Trainer. Within-Agency Trainers are individuals who have received such PCIT training as to be qualified to teach and supervise therapists at their own program or agency ("in-house" training), with a scope of trainership that is limited to their physical location or site. Within-Agency trainers offer a unique training experience to their trainees by use of the "co-therapy" model, which allows trainees to learn PCIT during actual sessions with the Within-Agency Trainer. This program will emphasize the ability of the Within-Agency Trainer to structure training for their therapists-in-training, including timing of didactics and co-therapy. Participants will practice techniques for developing coaching skills in their trainees through both didactics and in-session coaching. Fidelity to the PCIT protocol will be emphasized throughout the training, including assessment of their trainee's adherence to fidelity using the integrity checklists within the protocol. Participants will practice assessing trainee competencies including calculating their trainees' DPICS coding reliability. Trainee assessment will also focus on tracking competencies on a training tracker including CDI competency, PDI competency, case graduation, and attendance in didactics and consultation.

Please note: If the workshop has fewer than 4 registrants 45 days prior to training, there will be insufficient registration to conduct the training. In that case, participants will be notified 45 days prior to training that the workshop is cancelled and the full amount paid by each registrant will be refunded.

TARGET AUDIENCE: Masters- or doctoral-level, mental health practitioners who are currently licensed in their state and certified by PCIT International as PCIT therapists. Participants must be interested in becoming a Within-Agency (Level 1) trainer and willing to commit to the year-long videoconferencing consultation and video-review process. This material is intended for **advanced-level** audiences.

ACCOMMODATIONS: Participants who need accommodations for disability will gladly be assisted. For any accommodations needed, please email Reesa Donnelly at donnelyr@gmail.com 4 weeks prior to training.

LIMITATIONS/RISKS: The risks associated with this training are low. Most common risks include stress that may occur when attempting to train a trainee to achieve skill competency, which will be guarded against by establishing rapport with trainees and moving at a pace that matches their progress in learning. Another common risk is managing the stress that the Within-Agency trainers may experience when their trainee implements coaching of discipline in session with a highly disruptive child. This will be ameliorated through ongoing case consultation between the Within Agency Trainer and the Global Trainer (Reesa Donnelly). Limitations of the content include limits to the populations that are served through this treatment modality (e.g., this treatment is not used with children aged 7 years or older).

GRIEVANCES: Should a participant wish to file a grievance regarding this continuing education experience, s/he may email pcit.ce@gmail.com or mail to: PCIT CE, 22713 NW 191st Lane, High Springs, FL 32643 to submit a complaint or to ask additional questions.

DISCLOSURES & COMMERCIAL SUPPORT: Reesa Donnelly receives stock for her work as a consultation to a PCIT service delivery company (WonderWorks). This company will not be referenced or endorsed during the training. There are no other commercial supports that could be construed as a conflict of interest including grants/research support, honorarium, nor commercial interest organizations.

CONTINUING EDUCATION CREDIT

PSYCHOLOGISTS

8 CEs for psychologists and PCIT Therapists are pending approval from PCIT International:

This program is being offered for 8 continuing education credits. PCIT International, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PCIT International, Inc. maintains responsibility for this program and its content. Certificates of Continuing Education will be sent via email from PCIT International within 90 days after course completion and submission of course evaluations.
